

Sandwiches/Toasties 🌟

● Vegemite or Jam (V).....	\$2.50
● Cheese (V).....	\$3.00
● Ham	\$4.00
● Roast Chicken	\$4.00
● Egg, Lettuce	\$4.20
● Ham & Salad*	\$5.00
● Roast Chicken & Salad*	\$5.00
● Add: Cheese	\$0.50
● Gluten Free Bread Option	Add \$1.00
Toasted:	Add \$0.50

Wraps* 🌟

● Salad only (no meat)* (GF,DF,V).....	\$4.50
● Ham or Roast Chicken & Salad*.....	\$6.00
● Crumbed Chicken Tender (1) & Salad*.....	\$6.50
● Add: Cheese	\$0.50
Add: Sauce or Dressing	FREE

Salads* 🌟

● Salad Tub - No meat (GF,DF,V).....	\$4.50
● Add: Crumbed Chicken Tender	\$2.00
● Add: Ham or Roast Chicken (GF)	\$1.50
● Add: Sliced Hard Boiled Egg (GF,DF,V)....	\$1.50
● Add: Cheese (GF)	\$0.50
Add: Sauce or Dressing	FREE

Burgers 🌟

● Beef Burger & Salad*	\$5.50
● Chicken Burger & Salad*	\$5.50
● Add: Cheese	\$0.50
Add: Sauce	FREE

● **Salad items include:** *Lettuce, Tomato, Carrot & Beetroot*

Hot Food

● Mini Cheese Pizza (V) 🌟.....	\$4.00
● Mini Pizza 🌟.....	\$4.50
Ham & Cheese / Hawaiian / OR BBQ Chicken	
● Lasagne 🌟.....	\$4.50
● Fried Rice (GF,DF,Egg Free) 🌟	\$4.50
● Butter Chicken & Basmati Rice (GF,DF) 🌟	\$4.50
● Chicken Nuggets (GF,DF)	3 for \$3.50
<i>(Nugget Packs come with carrot sticks)</i>	6 for \$6.50
● Four'n'Twenty Sausage Roll	\$4.00
● Four'n'Twenty Traveller Meat Pie	\$4.50
● Garlic Bread (V)	\$1.00
● Cheesy Garlic Bread (V)	\$1.50

Rice Paper Rolls (2 per serve)

● Chicken & Veg* (GF,DF) 🌟	\$4.50
● Veg* only (GF,DF,V) 🌟	\$4.00
<i>(*Lettuce, Cucumber, Carrot, Red Capsicum)</i>	

Healthy Snack Bites

● Carrot Sticks x 6 (GF,DF, V)	\$0.50
● Hard Boiled Egg (GF,DF,V)	\$1.50
● Orange Wedges (GF,DF,V)	\$1.00
● Apple Slinky (GF,DF,V)	\$1.50
● Fruit Salad Tub (GF,DF,V) <i>(Fresh Seasonal)</i>	\$3.00
● Cheese & Cracker Pack (GF,V).....	\$1.50
<i>(Rice Crackers & Tasty Cheese)</i>	
● Vanilla Custard (V)	\$1.50
● Chocolate Mousse (V)	\$1.50

Drinks

● Spring Water 600ml	\$2.00
● Milk Popper 250ml <i>(Strawberry or Chocolate)</i>	\$2.20
● Fruit Juice Popper <i>(Apple, Orange or ABC)</i>	\$2.20

From the Freezer

● Streets Mini Calippo (GF).....	\$2.00
● Streets Icy Twist	\$2.00
● Bulla Vanilla Icecream Cup (GF)	\$2.00
● Streets Paddlepop <i>(Choc or Rainbow)</i>	\$2.50
● Bulla Mango Frozen Yoghurt	\$2.50

Sauces & Dressings

Tomato Sauce Squeezy	\$0.40
BBQ Sauce Squeezy	\$0.40
Soy Sauce Sachet	\$0.30
Kewpie Mayo Tub	\$0.40
Garlic Aioli Tub	\$0.30
Sweet Chilli Sauce Tub	\$0.30
Balsamic Dressing Tub	\$0.30

Brown Bag Surcharge

Please note the 10cent charge is for Cash Orders only. This excludes Flexischools orders.



Allergen Advice

DF = Dairy Free / GF = Gluten Friendly / V = Meat Free
 🌟 = Freshly Made in the Tuckshop

**MORE MENU OPTIONS AVAILABLE
ON FLEXISCHOOLS**



To Our
Volunteers

We greatly appreciate
volunteer help which keeps
costs down. Please contact
the tuckshop directly or email
us if you're able to help.

bsstuckshop@gmail.com



DAILY MEAL DEALS

See Flexischools for Daily Meal Deals

WEEKLY SPECIAL



FRANKIE FRIDAY

- Hot Dog..... \$4.50
- **Add: Cheese** \$0.50
- Add: Sauce (Tomato, BBQ or Mustard).....** FREE

MONTHLY SPECIAL

(ONLINE ONLY)



SUSHI TUESDAY

First Tuesday of each Month

Pre-Orders are essential

See Flexischools for details.

HOW TO ORDER

Online @ Flexischools:

Our preferred method of ordering is via the online
platform flexischools.com.au

Online orders close at 8:45am daily

Set up your account

1 Download the Flexischools App

Note: for iPhone and iPad please select
'Allow' notifications.

2 Login/Register

● **Already a Flexischools user** –
Enter your details and login.

To save your login details select
'remember me'.

● **New Flexischools user** –

Click '**Register**', enter your email
address and follow the instructions
in the email to set up your account.
Once your account is set up, add
new student; search for their school,
enter student details and select
their class.

3 Top Up Your Account

To make ordering fast and simple,
you can set up automatic top ups in
your '**User Profile**'.

Order

1 Place your Order

On the app home screen, scroll down
to view your school services such as
canteen and uniforms. Then **swipe left
and right** to view all available services.

2 Make your Selection

Find the service and press '**Order**',
then select the items you wish to order.

3 Make Payment

Select your payment option and
complete payment to place your order.



10 years supporting
the school community

Committed to healthy eating

Over 1,500 happy schools

flexischools

Cash Orders:

Brown Paper Bag (Cash Orders). Please print name &
class clearly on all bag orders. NO staples or tape &
please use black/blue pen. Correct money is always an
advantage. We do not accept foreign currency.

Cash orders are to be handed directly to the tuckshop
by 9:00am daily

MORE MENU OPTIONS AVAILABLE ON FLEXISCHOOLS



TUCKSHOP MENU

TERM 4 - 2023

Our Tuckshop is run by our P&C Association and is open from 8:30am to 11:30am Monday to Friday (First Lunch)

We are also open Fridays for Second Lunch

Limited Menu (Online only)

[Flexischools \(Online Orders\)](#)

Online Orders close at 8:45am daily

Order 24/7 & Save Time

[Brown Paper Bag \(Cash Orders\)](#)

Handed Directly to the Tuckshop by 9:00am

YES - WE DO HAVE EFTPOS FACILITIES

Our Tuckshop is Smart Choices Compliant



- **RED – Occasional**
- **AMBER – Select Carefully**
- **GREEN – Have Plenty!**