

Sandwiches

● Vegemite or Jam	\$2.00
● Cheese	\$2.50
● Ham	\$3.00
● Ham & Cheese	\$3.50
● Roast Chicken	\$3.50
● Roast Chicken, Cheese & Mayo	\$4.30
● Ham & Salad	\$5.00
● Roast Chicken & Salad	\$5.50

Toasties

● Cheese	\$3.00
● Cheese & Tomato	\$3.50
● Ham & Cheese	\$4.00
● Ham, Cheese & Tomato	\$4.50
● Roast Chicken, Cheese & Mayo	\$4.80

Wraps

● Salad Wrap	\$4.50
● Roast Chicken & Salad Wrap	\$5.50
● Ham & Salad Wrap	\$5.50
● Crumbed Chicken Wrap (<i>Lettuce & Mayo</i>)	\$5.50

Salads*

● Salad Tub	\$4.50
● Ham Salad Tub	\$5.00
● Roast Chicken Salad Tub	\$5.50
● Add: Sliced Hard Boiled Egg	\$1.00
● Add: Cheese	\$0.50

*Salad items included: *Lettuce, Tomato, Carrot, Beetroot, Spring Onion & Mayo*

Snack Attack

● Carrot Sticks x 6 (GF)	\$0.50
● Hard Boiled Egg (GF)	\$1.00
● Cool Popcorn (GF)	\$1.00
● Apple or Apple Slinky (GF)	\$1.00
● Orange Wedges (GF)	\$1.00
● Snack Pack (GF)	\$2.00
<i>Rice Crackers, Carrot Sticks & Cheese x 6</i>	
● Fresh Fruit Cup (GF) (<i>Seasonal</i>)	\$2.00
● Sao's with Vegemite	\$1.00
● Sao's with Cheese & Vegemite	\$1.50
● Vanilla Custard	\$1.30
● Chocolate Mousse (<i>Low Fat</i>)	\$1.30

Hot Food

● Corn Cobette (GF)	\$1.00
● Dim Sim (<i>Steamed</i>)	\$1.00
● Chicken Nuggets (3pk) (GF)	\$2.50
● Chicken Nuggets (6pk) (GF)	\$5.00
● Sausage Roll	\$3.20
● Traveller Pie	\$4.00

Burgers*

● Hamburger	\$6.00
<i>(Beef Patty, Lettuce, Cheese, Carrot, Tomato, Beetroot & Sauce)</i>	
● Cheeseburger	\$5.50
<i>(Beef Patty, Lettuce, Cheese & Sauce)</i>	
● Chicken Burger	\$5.50
<i>(Chicken Patty with Lettuce & Mayo)</i>	
● Chicken & Salad Burger	\$6.00

*Sauce choices included: *Tomato, Mustard, Sweet Chilli Sauce, Mayo*

Cold Drinks

● Plain Milk 150ml (<i>Low Fat</i>)	\$1.00
● Spring Water 600ml	\$2.00
● Milk Popper 250ml	\$2.20
<i>Strawberry or Chocolate</i>	
● Fruit Juice Poptop	\$2.20
<i>Apple, Orange or Apple Blackcurrant</i>	

From The Freezer

● Eskimo Cocktail	\$0.20
● Frozen Pineapple Hula Hoop	\$0.50
● Icy Cup (100% Fruit Juice)	\$0.50
<i>Orange, ABC or Pine Passion Mango</i>	
● Icy Twist	\$1.50
● Mini Callipo	\$1.50
● Paddlepop (<i>Chocolate or Rainbow</i>)	\$1.50
● Vanilla Icecream Cup (GF & Nut Free)	\$2.00
● Frozen Yoghurt (<i>Mango or Strawberry</i>)	\$2.50

Sauces & Dressings

Tomato Sauce Sachet	\$0.30
BBQ Sauce Sachet	\$0.30
Sweet Chilli Sauce Tub	\$0.30
Soy Sauce Tub	\$0.30
Balsamic Dressing Tub	\$0.30
Mayonnaise Tub	\$0.30

Miscellaneous

Brown Paper Bag \$0.10



To our Volunteers

Parent helpers are always needed to successfully run our Tuckshop. We would love to see you so please come in and talk to us to arrange a time ☺



Includes choice of drink AND dessert.
Please specify choices on your Order!
*Flavoured Milk or Juice
AND Vanilla Custard or Chocolate Mousse*

Monday:

- Pasta Bolognese \$7.00
(OR without drink & dessert - \$4.00)
Add Tasty Cheese \$0.50

Tuesday:

- Chicken Carbonara (Egg Free) \$7.00
(OR without drink & dessert - \$4.00)

Wednesday:

- Fried Rice (GF) (Egg Free) \$7.00
(OR without drink & dessert - \$4.00)

Thursday:

- Butter Chicken with Rice (GF) \$7.00
(OR without drink & dessert - \$4.00)
Add Naan Bread \$1.00

Friday:

- Hot Dog* \$7.00
(OR without drink & dessert - \$4.00)
Add Tasty Cheese \$0.50

*Sauce options: *Tomato, BBQ & Mustard*

The following items are also available every day EXCEPT FRIDAY!

- Garlic Bread \$1.00
- Cheesy Garlic Bread \$1.50
- Egg & Bacon Muffin \$3.50
Add Cheese \$0.50
- Chicken & Gravy Roll \$4.00
Add Tasty Cheese \$0.50

Our preferred method of ordering is via the online platform flexischools.com.au

Flexischools allows you to easily place all your Tuckshop orders online at any time.



Download the Flexischools App

Note: for iPhone and iPad please select 'Allow' notifications.



Add your School: Click on the search icon, enter your school name, select your school and year group, or groups relevant to you.

Login/Register: Click the 'Order now' button located in the bottom right-hand corner of the app, this will open a login screen.

- ✓ **Already a Flexischools user**
Enter your details and login. To save your login details select 'remember me'.
You will be prompted to update your Student's class before you can place your first order for the year.
- **New Flexischools user** - Click 'Register', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for our school, enter student details and select their class.

If you need any assistance setting your account up, we are more than happy to help.



BUCASIA STATE SCHOOL TUCKSHOP MENU

Semester 1 - 2020

Our Tuckshop is open from 8:30am to 11:30am
Monday to Friday (First Lunch Only)

Flexischools Online Orders:

Cut-off time is 8:45am daily (no exceptions)

Brown Paper Bag Orders (cash only)

Delivered to the Tuckshop between 8.30 and 9:00am

Select your food wisely!



RED – Occasionally

AMBER – Select Carefully

GREEN – Have Plenty!